

**Patient Medical History**

**Patient Name:** \_\_\_\_\_

**Age:** \_\_\_\_\_

**Occupation:** \_\_\_\_\_

**Work Status:** \_\_\_\_\_

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**Please check the following conditions as they apply to you:**

| <b>Condition</b>            | <b>Yes</b> | <b>No</b> | <b>Explanation</b> |
|-----------------------------|------------|-----------|--------------------|
| Allergies                   |            |           |                    |
| Heart Disease               |            |           |                    |
| High Blood Pressure         |            |           |                    |
| Pacemaker                   |            |           |                    |
| DVT / Pulmonary Embolism    |            |           |                    |
| Diabetes                    |            |           |                    |
| TB                          |            |           |                    |
| Hepatitis                   |            |           |                    |
| Psoriatic Arthritis         |            |           |                    |
| Rheumatoid Arthritis        |            |           |                    |
| Lupus                       |            |           |                    |
| Fibromyalgia                |            |           |                    |
| Multiple Sclerosis          |            |           |                    |
| Muscular Dystrophy          |            |           |                    |
| Ankylosing Spondylitis      |            |           |                    |
| Cancer                      |            |           |                    |
| Traumatic Head/Brain Injury |            |           |                    |
| Stroke                      |            |           |                    |
| Severe Dizziness            |            |           |                    |
| Seizures                    |            |           |                    |
| Kidney Disorders            |            |           |                    |
| Blood Disorders             |            |           |                    |
| Thyroid Disorder            |            |           |                    |
| Osteoporosis                |            |           |                    |
| Gastrointestinal            |            |           |                    |
| Difficulty Swallowing       |            |           |                    |
| Weight Loss or Gain         |            |           |                    |
| Eating Disorder             |            |           |                    |
| Chronic Fatigue Syndrome    |            |           |                    |
| Sleep Dysfunction: Insomnia |            |           |                    |

**Please list your current daily medications:**

| <b>Name of Medication</b> | <b>Dosage</b> | <b>Frequency</b> |
|---------------------------|---------------|------------------|
|                           |               |                  |
|                           |               |                  |
|                           |               |                  |
|                           |               |                  |
|                           |               |                  |

**Are you in pain today:** \_\_\_\_\_ **If you answered yes, how would you rate your pain** (1 = minimal pain / 10 = worst pain you've ever experienced): \_\_\_\_\_

**Have you had any imaging for this condition? Circle all that apply:** X-Ray MRI CT Scans

**Date of Imaging:** \_\_\_\_\_

**Primary Care Physician:** \_\_\_\_\_

**Date of last complete medical exam:** \_\_\_\_\_

**Have you had any past or present surgical procedures:** \_\_\_\_\_ **If you answered yes, please list:** \_\_\_\_\_

**How many hours of sleep do you get per night:** \_\_\_\_\_

**Do you wake frequently at night:** \_\_\_\_\_ **If you answered yes, how often:** \_\_\_\_\_

**Do you have a bladder condition:** \_\_\_\_\_

**Do you experience frequent urination:** \_\_\_\_\_

**Leakage with coughing, laughing, or sneezing:** \_\_\_\_\_

**Do you feel you are under a lot of stress:** \_\_\_\_\_

**Do you exercise on a regular basis:** \_\_\_\_\_ **If you answered yes, please list the activities, frequency, and duration:** \_\_\_\_\_

**Are you currently pregnant:** \_\_\_\_\_ **Or have been in the last year:** \_\_\_\_\_

**Do you smoke:** \_\_\_\_\_ **How many packs per day:** \_\_\_\_\_

**Do you drink alcohol:** \_\_\_\_\_ **How often:** \_\_\_\_\_

**Have you ever been treated for depression or psychological problems (optional):** \_\_\_\_\_  
**If yes, please explain:** \_\_\_\_\_